

Shortt's Shorts on Young Living's White Angelica

White Angelica – blend of White Almond Oil, Bergamot, Myrrh, Geranium, Sandalwood, Coriander, Black Spruce, Melissa, Hyssop, Rose

Formulated to – bring a sense of strength and protection – protect against the bombardment of negative energy

Supports – a feeling of spiritual wholeness

Release – any negativity that is near or in your aura

White Angelica was used during ancient times to increase the aura around the body.

Take some with you during the day in case you have a sense of negativity around you.

Use when you go into crowds or large stores where there are a lot of people and many different energies.

Apply – 3-6 drops to your hands, swirl clockwise with peace fingers to align

its energy with yours, rub hands together and breathe deeply, Starting at the top of your head, sweep your hands down the front of your body from head to toe.

Breathe deeply from tented hands, stretch your hands overhead, reach your arms out to the side and sweep your hands down like you were combing your aura. As you do this, say silently, "I am protected"

Tent your hands and take a third deep breath

*Can be worn as a perfume – apply to shoulders
@sandishortt*